**HELPLINES AND SUPPORT**

988 Suicide and Crisis Lifeline  
988

National Suicide Prevention Lifeline  
1-800-273-8255 TALK

TN Statewide Crisis Phone Line  
1-855-CRISIS-1 (1-855-274-7471)

TN Crisis Text Line  
Text TN to 741741

TN Redline (Substance Abuse Treatment Referrals)  
1-800-889-9789 (24/7/365)

TN Department of Corrections Suicide Prevention Hotline  
1-833-421-SAVE

The Trevor Project (LGBTQ+)  
1-866-488-7386

Material Mental Health Helpline  
1-833-9-HELPMOMS (1-833-943-5746)

Veterans Crisis Line  
1-800-273-8255 or Text 838255

Mental Health Cooperative  
615-446-3061