## **Housing**

1. Coordinated Entry (Central TN 503 CoC)- Housing assistance in Dickson, Hickman, Montgomery, Williamson

Contact information: 615-212-9780 Hours: Monday-Friday 9am-4pm

2. Hickman County Neighborhood Service Center- Housing and Financial assistance

Contact information: 931-729-5921 Hours: Monday-Friday 8am-

4:30pm

3. Tulipwood Apartments (Hickman County)- offer low-income housing.

Contact Information: 931-729-5747

4. Beasley Pointe Apartments (Dickson County) – low-income Housing

Contact Information 615-375-1126

#### **Transportation**

 Hickman County- South Central TN Development District (SCTDD)- Transportation Monday- Friday (Medical Priority)(24notice/appt needed) (FARE FEE- Depends on destination) Contact information: 931-729-2115 or <u>hic-dispatch@scats.sctdd.org</u>

 MidCumberland Public Transit- Serves Dickson, Humphreys, Houston, Stewart, Montgomery, Williamson, Cheatham (FARE FEE) (24-72 HOUR notice needed)

Contact Information: Scheduling: 1-800-945-4125, main office 615-446-4943

## Financial Assistance, Clothing, Food

 Dickson County Help Center (Dickson Residents) – offers all financial aid, clothing, food. Food bank from 9am-12 Monday-Thursday, Thrift store 9am-4pm Monday- Saturday Contact Information: 615-441-0076

2. Hope on the Square (Hickman County)- offers clothing/household items. Thurs-Saturday

Contact Information: 931-729-8446

### **Employment/Workforce Development**

1. Goodwill Career Solutions- offers employment services outside of Goodwill and trainings.

Contact information: 615-377-2566

## Pregnancy/Family care/Family Planning

1. CareNet Pregnancy Medical Center- provides parental support, pregnancy doctor services (no abortions), nutritional services, mother and baby supplies.

Contact Information: 615-466-0701 Monday-Thursday 9am-4:30pm

# **Mental Health Services**

- 1. Family and Children's Services Crisis Line: 615-244-7444 (24/7)
- 2. Centerstone- Mental health and addiction

Contact information: 615-466-3797 Monday-Friday 8am-5pm

3. BetterHelp Online Therapy- offers services through telehealth at a lower rate

### **Healthcare Assistance/Insurance**

- 1. Get Covered TN- Provides assistance to find affordable health insurance.
- 2. Health Assist- provides uninsured clients with healthcare resources (medical, dental, vision, prescription, mental health, etc.)
- 3. GoodRX- online resource to help lower the cost of perscriptions